

Gloucester Athletic Club

Presents an Open Competition at

Blackbridge Jubilee Athletics Track, Podsmead Road, Gloucester, GL2 5AB

On Tuesday 7th June 2022

(HELD UNDER UKA RULES)

Events and Indicative Timetable (Times might be subject to change, dependent upon entry numbers):

TRACK

Time	Event
6.15pm	100m
7.15pm	800m (Framerunners only)
7.20pm	1500m
8pm	3000m

All track events are open to Para-athletes

FIELD

Time	Event
6.30pm	Javelin Throw (Group 1)
6.30pm	High Jump (Group 1)
7.30pm	Javelin Throw (Group 2)
7.30pm	High Jump (Group 2)

(Javelin competitors will have four trials – Maximum 12 athletes per group. High jump groups will be split by ability)

Under UKA rules athletes in some age categories are not allowed to combine certain events on the same day. If in doubt, check with your coaches.

Races will be run on a graded basis so it is essential that personal best or expected performances are given on the entry form. Pacemakers will be provided for all 1500m and 3000m races.

Entries via dedicated page on Gloucester AC website

www.gloucesterac.co.uk

Enquiries to gloucesteracopen@outlook.com

Entry fee is £6.00 per event + £4 for each subsequent event, plus an 80p booking fee which is taken by the entry website.

Closing date is midnight on Saturday 4th June. Start lists and final timetable will be published on the website after this time.

Access to Blackbridge Jubilee Athletics Track car park will be via the lower gate on Podsmead Rd. Post code: GL2 5AE.

Disabled athletes may enter the dedicated car park via the upper gate on Poplar Close which is closer to accessible facilities. Post code GL1 5TX.