

Gloucester Athletic Club
presents a series of four 'Winter Warmer'
competitions for spring 2017

(HELD UNDER UKA RULES except for U11 events)

Venue: Blackbridge Jubilee Athletics Track, Podsmead Road, Gloucester, GL2 5AB

Dates and Timetable;

11th Feb	Track	U11s and Disability only	25th Feb	Field
Time		Event	Time	Event
11.00		100m W/C	11.00	High Jump
11.30		75m	11.45	Shot Putt
12.00		600m	12.30	Long Jump
12.15		200m W/C	13.00	Javelin
12.30		150m		
13.00		4x100m		

11th Mar		25th Mar	Field
Time	Event	Time	Event
11.00	200m	11.00	Pole Vault
11.30	100m W/C	11.30	Hammer
11.45	1500m	12.30	Triple Jump
12.15	300/400m	13.00	Discus
12.30	5000m		
13.00	Med. Relay		
	2x100m 200m 400m		

Open to all age groups except for the event on 11th Feb which is for Under 11s and Disability only. NB certain events are age appropriate only and under UKA rules athletes in some age categories are not allowed to combine certain events on the same day. If in doubt, check with your coaches.

ENTRIES: By email or post to Bob Purcell, 13 Ardmore Close, Tuffley, Gloucester GL4 0BJ or RPurc16751@aol.com. In advance only - **no entries on the day**. Deadline; Friday before each competition.

Fees; £3 per competition with entry forms. Refunds will be offered in the event of cancellation due to weather.

Note to Parents:

Everyone involved in Athletics at club level and all those who manage and maintain our track is an unpaid volunteer and the sport will struggle to exist without more people coming forward to lend a hand. During the course of these competitions experienced officials will give up their time to support your child's sporting ambition and in so doing would really value your help. Please don't just be a spectator, get involved. You won't be asked to do anything outside of your knowledge or experience but you could hold one end of a tape, operate a stopwatch or rake a sand pit alongside a graded official and in so doing learn more about our sport and be better able to support your child. If you are willing to help on the day, and we hope you will, please put your name on the reverse of the entry form.

Event 1. 11th February PLEASE COMPLETE IN BLOCK LETTERS -

First Name _____ **Surname** _____

Address _____

M/F _____ Age Category _____ Date of Birth: _____

Club _____ Telephone No _____

EA Registration No. (if applicable) Email address

Events.....

-----Please Detach Here-----

Event 2. 25th February PLEASE COMPLETE IN BLOCK LETTERS -

First Name _____ **Surname** _____

Address _____

M/F _____ Age Category _____ Date of Birth: _____

Club _____ Telephone No _____

EA Registration No. (if applicable)..... Email address

Events.....

-----Please Detach Here-----

Event 3. 11th March PLEASE COMPLETE IN BLOCK LETTERS -

First Name _____ **Surname** _____

Address _____

M/F _____ Age Category _____ Date of Birth: _____

Club _____ Telephone No _____

EA Registration No. (if applicable)..... Email address

Events.....

-----Please Detach Here-----

Event 4. 25th March PLEASE COMPLETE IN BLOCK LETTERS -

First Name _____ **Surname** _____

Address _____

M/F _____ Age Category _____ Date of Birth: _____

Club _____ Telephone No _____

EA Registration No. (if applicable)..... Email address

Events.....